### sleepf>rm



# Hip and trunk positioning

### **Sleepform Mattress**

Where your child needs positive support to maintain a comfortable and desirable lying posture, either in supine, side or prone, you will use the Sleepform Mattress.

The Sleepform Mattress is mouldable and will conform to any contoured bed in any position.

It can easily be moulded to the shape of your child's body providing contoured support and promoting symmetry. The Sleepform Mattress is a mouldable mattress and by removing the air, in seconds it will retain its shape. In trials some carers preferred to mould the bag each evening, others set it and did not change it.

'Cavities' can also be moulded into the Sleepform Mattress to allow parts of the body to 'fall' back into the cavity when their tone reduces during sleep. This may be done to allow gravity to have a positive affect on an existing asymmetry. The Sleepform Mattress has proven to be the most popular single form of support and works with children of all ages.





### **Air-flow Mattress**

The Air-flow Mattress is made from a special fibre which provides a free airflow promoting air circulation and keeping your child at a comfortable temperature. It is a cushioned mattress between your child and the Sleepform Mattress.

The Air-flow Mattress must always be used when using the Sleepform Mattress.

### **Cushioned Chest and Hip Guides**

Additional support can be added using the Cushioned Chest and Hip Guides. These are adjustable and elasticated and can be tensioned to provide the level of support your child needs in these specific areas whilst allowing your child movement.

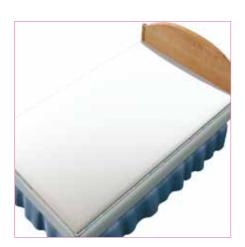
The Cushioned Chest and Hip Guides can work in conjunction with the Sleepform Mattress or on their own. They work really well and can help your child into a relaxed, comfortable and symmetric posture by providing a degree of elasticated pull on the pelvis.

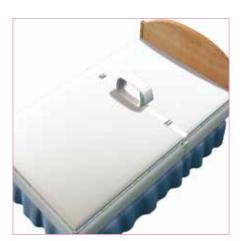
Where your child only requires a little support or on some occasions to prevent them from adopting a posture from which they find it difficult to recover, the Cushioned Chest and Hip Guides can be used on their own. They are equally suitable for supine, prone or side lying.

The elasticated Guides allow movement and have proven very popular where the children are finding the introduction of a sleep system challenging.

You may choose to use two Chest and Hip Guides to support your child in a comfortable posture at the chest and pelvis.

The cushioned Chest and Hip Guides contain the same special fibre as the Air-flow Mattress. This provides comfortable cushion support and prevents heat from building up.







# Leg, knee and ankle positioning

### **Cushioned Leg and Knee Guides**

The Cushioned Leg and Knee Guides are designed to offer support to prevent issues related to leg positioning, abduction and adduction such as windsweeping, frogging and scissoring.

Like the Cushioned Chest and Hip Guides these are adjustable and elasticated and can be tensioned to provide the level of support your child needs in these specific areas.

Where your child only requires a little support or on some occasions to prevent them from adopting a posture from which they find it difficult to recover, the Cushioned Leg and Knee Guides can be used on their own.

The elasticated Guides allow movement and have proven very popular where the children are finding the introduction of a sleep system challenging.

The Cushioned Leg and Knee Guides contain the same special fibre as the Air-flow Mattress. This provides comfortable cushion support and prevents heat from building up.

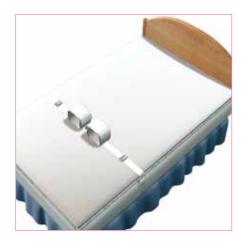
You may choose to use two Leg and Knee Guides at the knees and ankles. This is particularly effective if your child is prone to windsweeping, frogging or scissoring.

### **Knee Roll**

The Knee Roll is commonly used in conjunction with the Cushioned Leg and Knee Guides and helps the child maintain a symmetric supine posture.

It is also designed to support under the knees where your child presents with contractures or a tightening of the hamstrings.

The Knee Roll can be used on its own, again for support in supine lying and can, on occasions, provide sufficient support to prevent issues related to leg positioning.









### **Air-flow Knee Pillow**

The Air-flow Knee Pillow is placed between the knees when your child is Side lying.

This is made from the same special fibre as the Air-flow Mattress. This will help your child maintain a comfortable position preventing heat build up and helping maintain a symmetric posture.

## Head arm positioning

Where required, head and arm positioning is provided by the Sleepform Mattress. In our experience your child will have a pillow which they are familiar with and happiest to use.

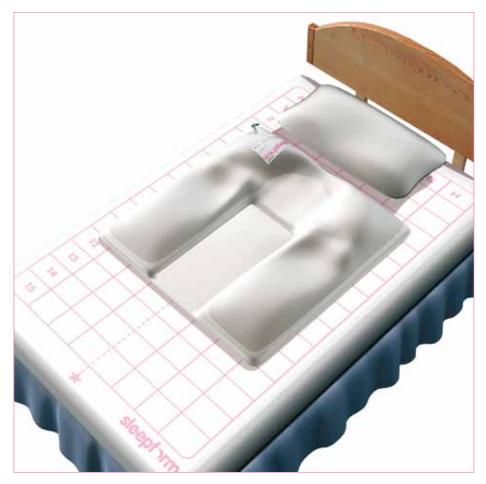
The Sleepform Mattress can be positioned under the pillow area and formed to cradle the head to provide the necessary support.

Arm positioning is achieved by forming a cavity in the Sleepform Mattress and allowing the arms to relax into the channels.

Where your child may present with increased tone this will usually ease when they fall asleep.







### Leckey Sleepform System soft support elements

The Sleepform Mattress and Air Pump can form to the individual contours of your child, holding them in a secure and comfortable position in their preferred sleeping posture.

**The Air-flow Mattress** allows air circulation and provides a comfortable cushion between your child and the support surface.

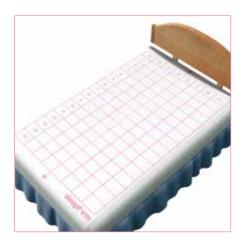
Cushioned Chest and Hip Guides
Cushioned Leg and Knee Guides

(Both products come with Under Mattress Straps). These are cushioned support pads with adjustable elasticated support belts which help your child maintain an optimum position while allowing some movement. This can improve comfort and prevent the build up of pressure and heat.

**The Knee Roll** can be placed under the knees when your child is Supine lying.

**The Air-flow Knee Pillow** can be placed between the knees when your child is Side lying.





**The Fitted Grid Sheet** for single bed and cot is designed to record and maintain the position of the Sleepform System components shown below, that you have chosen to use.

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**Cushioned Chest and Hip Guides** 



Temperature Control Sheet ① ② 110-2636 ③ ④ 110-3636



**Cushioned Leg and Knee Guides** 

**1** 0-1 years

Single bed



Waterproof Mattress Protector 3 4 1 2 NTL27



Under Mattress Straps
(1) 2) 630mm length
(3) 4) 1020mm length

