



Featuring Blue Seal™



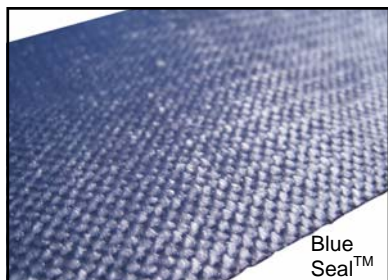
HANDLING WITH CARE

Safe Patient Handling
Transfer and Turning

HANDLING WITH CARE

Featuring Blue Seal™

At last a One Way Slide that really works!



All SlideAssist's One Way Slide systems use a combination of low friction material and strips of Blue Seal™ easy slide one way materials. The Blue Seal™ weave behaves like seal skin which slides smoothly in one direction, but in the other grips securely to ensure the person does not slip back.



SlideAssist Range

SlideAssist products aim to make the lives of both caregivers and their patients a whole lot easier by aiding in handling and positioning. With the ultimate aim of maintaining the patient's dignity and comfort.

SlideAssist includes five product ranges and can be used to solve three major patient handling problems: seating, moving and turning, and transferring.



One Way Slide

Combined with Blue Seal™, our One Way Slide helps in correct positioning and prevents slipping forward. Two different covers are available to choose from: Non-slip and Velour.



Positioning Slide

The Positioning Slide is cushioned for comfort, with loops strategically placed for use by the caregiver to position the patient in a variety of circumstances. It is made of specially treated nylon slide sheet material.



Easy Slide

Easy Slide comes in four style variations: Easy Slide Glove; Easy Slide Tubes; Easy Slide Open flat sheets and Easy Slide Open flat sheet with handles. A basic nylon or polyester fabric that is covered with a PU silicone finish to lower friction and enable easy sliding.



Lateral Assist

Lateral Assist consists of a lightweight strong padded board electronically sealed in a nylon cover (for infection control). It enables the easy movement of a person from one surface to another.



All Ways Slide

The lower part is a fitted slide sheet, and the upper part comprises of a cotton sheeting top with a filled inner, and a lower slidesheet section, all quilted together. The middle of the underneath of the top layer is a nonslip area and a slidesheet curtain that enables both stability and easy sliding even when loaded.

TABLE OF CONTENTS

SEATING SOLUTIONS

4-5

One Way Slide Velour Lite

4

One Way Slide Open with Foot Loop

4

One Way Slide Tube

5

Positioning Slide

5

MOVING AND TURNING SOLUTIONS

6-7

Easy Slide Gloves

6

Easy Slide Slide Sheets

6

Easy Slide Slide Sheets with Handles

7

All Ways Slide

7

TRANSFER SOLUTIONS

8-11

Easy Slide Tube

8

Positioning Slide

8-9

All Ways Slide

9-10

Lateral Assist

10-11

ORDER NUMBERS AND SPECIFICATIONS

12

SEATING SOLUTIONS

The **One Way Slide** and **Positioning Slide** aim to solve many of the problems of positioning someone correctly in the back of a chair.

ONE WAY SLIDE

One Way Slides assist in the correct positioning of someone in the back of a chair and helps prevent slipping or falls. Our One Way Slides come in three forms:



Velour Lite



Open with Foot Loop (Velour or Non-slip cover)



Tube (Continuous loop Velour or Non-slip cover)

• Velour Lite



A single layer One Way Slide aids in the positioning of a person in their chair.

The One Way Slide hooks against the cover of the seat and avoids slipping.

For someone who cannot easily sit to the rear of a swivel cushion when entering vehicles, it slides easily to position correctly, then remains securely in place.



• Open with Foot Loop

Consists of a long single layer which is folded with the foot loop placed through the back of an open backed chair in order to position the person easily, with just the strength of one's leg muscles.

1



Place the folded Long Single Layer on the open back chair with foot loop hanging down the back.

2



Caregiver uses a foot in the loop to slide the person into the back of the chair.

• Tube



Tube (Continuous loop style) can be used on both open and closed backed chairs for correct positioning. Non-slip or Velour surfaces are available.

Available in a choice of sizes:
Our One Way Slide is unique in offering bariatric sizes, for wheelchairs (left), lounge, or recliner tilt chairs (right)



POSITIONING SLIDE



The Positioning Slide enables caregivers to position someone easily into the back of an open-backed chair using just the strength of their leg muscles. It is used when the person does not need continuous repositioning, nor needs to be retained in one position (otherwise use our One Way Slide (p4)).

The Positioning Slide is particularly useful, for example, for positioning people correctly on pressure care cushions; seating the elderly at dining tables; or repositioning people with a disability in their wheelchairs in a day care centre after toileting. Position someone by simply following 2 steps:

1



Fold the Positioning Slide to cover the seat surface with the rest of the material out the back, and the loop on top, close to the back of the seat.

2



Seat the person to be positioned leaning slightly forward, their feet on the ground or on their footplates. If they have challenging behaviour a second caregiver can support them from the front. Use the caregiver's foot in the loop to pull the Positioning Slide back. The person will slide to the rear of the chair, once the person is positioned, pull the lower layer to remove the Positioning Slide (without risk of damage to the person's skin).

MOVING AND TURNING SOLUTIONS

Easy Slide Gloves, Easy Slide Slide Sheets, Easy Slide Slide Sheets with handles from SlideAssist Easy Slide range are used to assist the movement of people who cannot otherwise move themselves.

All Ways Slide is used to turn or reposition someone repeatedly in bed. It remains permanently on the bed and incorporates layers of low friction and non-slip materials that provide ease of sliding and stability.

EASY SLIDE

• Easy Slide Gloves



There are dozens of uses for Easy Slide Gloves for a variety of small turning, positioning moves, and reduced handling associated with normal slide sheets.

They can be used for a lone caregiver sliding someone across a bed with no lifting, or worn by the patient to prevent shear on their heels, or used as a dressing aid.

For example: one caregiver can move someone across a bed in three easy movements while wearing the Easy Slide Gloves – 1) Slide hands underneath ankles, and move them across, 2) Use a similar technique to slide the buttocks across, 3) With the patient's head on a pillow, slide the shoulders across. Two caregivers can easily slide someone up a bed, each with a glove on one hand. Place a glove under the heels when sliding someone, to reduce shear.

The gloves can be placed on a patient's feet during transfers to protect against friction damage. They can also be used as a dressing aid, place over the person's hands & clothing to easily slide into further outer layers. A further use of the gloves is for them to be worn by therapists when checking for bony prominences or other circumstances where a hand must be slid under someone.

• Easy Slide Slide Sheets

Easy Slide sheets are 90 x 200 cm or 140 x 200 cm in size.

These are traditional devices featuring low friction silicone coated nylon or polyester sheets that provide significant assistance for the caregiver sliding their patient. They are used either two placed face to face together, or individually folded over with the slippery sides facing each other. Typically used to slide someone up and down or across a bed, but also can be used in other circumstances where slide assistance is required.

To use two sheets together, one on top of the other, or one sheet folded over with the sliding surface inward, to slide someone across a bed: with the caregiver's hands on the patient's hips and shoulders, gently push them away from the folded side toward the open side. Usually another caregiver on the open side will pull the top layer toward themselves to assist. To remove sheet after transfer, pull the bottom layer towards



• Easy Slide Slide Sheets with Handles

The use of webbing tape and continuous handles around the both sides of the slidesheet makes it easy for the caregiver to grip.

Available in 90 x 200 cm or 140 x 200cm

Use in pairs with the sliding surface face inward or use in conjunction with a normal Easy Slide 140 x 200 cm flat slide-sheet .



ALL WAYS SLIDE



The upper layer of the All Ways Slide is comfortable quilted cotton with a polyester fibre fill, which will not adversely impact the benefits of a pressure care mattress. The All Ways Slide may be covered in a normal or waterproof bedspread, or other incontinence aids. The bottom layer is a fitted polyester silicone coated low friction sheet.

The underside of the quilted layer is similarly low friction, and incorporates a mechanism comprising a mixture of non-slip and low friction materials. When the non-slip is exposed, the All Ways Slide is stable. The non-slip area is limited to an area under the torso leaving freedom of movement for upper body and lower body while reducing shear. The low friction curtain can easily be slid up and down using the comfortable roped handles to cover or uncover the non-slip area, for ease of sliding, or for stability respectively.

Handles are conveniently located on either side to enable the caregiver to move the patient easily up and down, or across the bed.



Shown above, the top quilted layer is folded back revealing the low friction fitted sheet on the bed and the non-slip area exposed (above left) or covered with the low friction curtain (above right).

TRANSFER SOLUTIONS

The **Easy Slide Tube** is a useful tool for patients to transfer themselves from bed to bed, or between chairs.

Besides solving seating problems or positioning a patient in the back of the chair, the **Positioning Slide** works effectively in transferring from one surface to another in conjunction with a suitable transfer board.

The **Lateral Assist** is specially designed for the transfer of a person from one bed to another or onto a mobile trolley, shower trolley, operating table, or x-ray table.

Providing ease of sliding and stability, the **All Ways Slide** offers effortless use, either manually, or in conjunction with a patient lift. A special version also incorporates special features to facilitate easy, fast, and safe emergency evacuation, or just transfer from bed to trolley or stretcher.

EASY SLIDE

• Easy Slide Tube



Slide Tubes can be used to enhance **independent** transfers, such as bed to chair, or chair to chair, in conjunction with a transfer board. The slide sheet is sewn into a tube which enables continuous rolling of the device and different techniques for sliding and turning.

The 40 x 40 cm tube is used to assist someone to transfer using transfer boards (shown left). The 80 x 80 cm or 80 x 120 cm is ideal for assisting caregivers to slide someone across or up a bed. Some variations are used on beds or to help using transfer boards to do seated transfers, for example between bed and chair. Larger sizes are used by caregivers to slide someone up or down a bed, or from side to side.

POSITIONING SLIDE

The **Positioning Slide** enables caregivers to move someone from one surface to another with the aid of a transfer board, for example from bed to chair, wheelchair to car seat etc. The extended handles facilitate reach, and side handles for close sliding and turning. The following instructions show you how to do this in 5 easy steps:

1



Fold the Positioning Slide with excess material underneath. Sandwich a transfer board between the layers, tilt the patient away from direction of travel and ease the Positioning Slide underneath the backside.

2



Remove the board. Replace it under the lower layer.

3



Align the two surfaces preferably either level, or slightly downward, in the direction of travel. Lean the patient towards the direction of travel.

4



The caregiver pulls on the long handle to slide the person across, and uses the side handles to turn the person.

5



Pull on the lower layer to remove the Positioning Slide.

ALL WAYS SLIDE

• For use with floor or ceiling lift



Note: Images above display inverted sheets to show mechanism.

The All Ways Slide can be used in conjunction with a floor or ceiling lift. Simply hook the carry bar through the handles on one side to turn the patient onto their side. Using a lift, particularly a ceiling lift on the opposite side to the caregiver, can facilitate safe use by one person with no effort.

• Positioning a sling using an All Ways Slide

Normally when patients are lifted from bed to chair, the patients need to be log rolled first to one side then to the other to insert the sling under them. For heavier patients this becomes difficult for caregivers and can lead to back injury. For the patients it can cause pain and discomfort, skin damage, pressure issues, and is, of course, rather undignified.

However, the All Ways Slide can be used in conjunction with a lift to facilitate this process, providing ease and comfort for all. Slide the patient so they will be turning in the middle of the bed. Use the lift to raise one side, rolling the patient onto their side. Support the patient. Lower the All Ways Slide enough to insert the sling folded in half. Raise the All Ways Slide. Support the patient, then gently lower them onto the bed. Repeat this action on the other side, this time unfolding the sling so that it is correctly positioned underneath the patient. When they are flat, with the sling correctly positioned, they are ready for lifting. Reverse this as appropriate for removing the sling.

TRANSFER SOLUTIONS (continued)

ALL WAYS BED AND EVACUATION SLIDE

The All Ways Slide is also available as the All Ways Bed and Evacuation Slide.

Developed in conjunction with Moving and Handling Advisors, this version not only allows the patient to be moved safely and easily around the bed and turned, but also doubles as an evacuation device.

It has two, three foot handles at each end for lifting patients. When not in use, the handles tuck securely into pockets at the head and foot of the slide.

During evacuation, for safety and to give the patient a sense of security while being moved, the slide is closed around the patient using hook and loop fastenings.

LATERAL ASSIST



The Lateral Assist consists of a lightweight strong padded board electronically sealed in a nylon cover (for infection control). This board is enclosed in a customised slide sheet tube so the Lateral Assist will roll easily with the person passing over the top from one surface to another with minimal effort by the caregiver.

- **Easy carry, with handles, detachable shoulder strap, and carry bag**



Available in regular 2 fold transfer boards (lower left) or the more compact 4 fold (upper left) for use wherever space is at a premium or extra length is required, particularly for emergency services.

• How to use Lateral Assist

1



Ensure the two surfaces are close enough so that during the movement the Lateral Assist will always be fully supported on both sides. Ideally the two surfaces will be aligned as closely as possible with their height providing movement in a slightly downward direction.

2



The person to be moved is log rolled onto their side to facilitate placing the Lateral Assist under them or otherwise gently eased under them. Position the patient no more than half on the Lateral Assist. Head and legs are carefully lifted onto the board. Preferably the person's closest leg to the board will be positioned on it and the further leg crossed over it.

3



Gently pushing on the hip and shoulder. It is easy to move the person from one surface to another. In many cases the person will be lying on a sheet which can be used as a draw sheet, with one caregiver pushing on the hip and shoulder, and another taking up the slack or providing additional pull on the sheet.

Notes

When working with heavier patients, be sure to have sufficient staff to ensure safe and easy transfer. The Lateral Assist is rated to 284Kg.

Depending on the width of board, how much is placed under the patient initially and the distance apart of the 2 surfaces, the patient will have mostly rolled off the Lateral Assist onto the new surface. The Lateral Assist can then be removed easily from underneath. If the patient is mostly covering the Lateral Assist, remove the board from the slide tube by pulling on its handle, It will slide out. The tube can then be pulled sideways, gathered up under the small of the back, and then pulled through.

ORDER NUMBERS AND SPECIFICATIONS

Page	Product Name	Dimensions (depth x width)	Identifier Code	Order Code
4	One Way Slide Lite Velour	37 x 43 cm	O3743VO	009421
4	One Way Slide Open with Foot Loop Velour	130 x 40 cm	O13040VO	009469
4	One Way Slide Open with Foot Loop Non-Slip	130 x 40 cm	O13040NO	009452
5	One Way Slide Tube Velour	37 x 43 cm	O3743VT	009445
5	One Way Slide Tube Velour	44 x 45 cm	O4445VT	009414
5	One Way Slide Tube Non-slip	37 x 45 cm	O3745NT	009438
5	One Way Slide Tube Non-slip	44 x 45 cm	O4445NT	009407
5	One Way Slide Tube Non-slip	45 x 50 cm	O4550NT	009483
5	One Way Slide Tube Non-slip	50 X 60 cm	O5060NT	009490
5	One Way Slide Tube Non-slip	55 X 70 cm	O5570NT	009506
5	One Way Slide Tube Non-slip	55 X 80 cm	O5580NT	009513
5	One Way Slide Tube Non-slip	80 x 60cm	O8060NT	009476
5	One Way Slide Tube Non-slip	100 x 80cm	O10080NT	009797
5,8	Positioning Slide	137 x 46 cm	PS13746SO	009544
6	Easy Slide Gloves		G5120S	009551
6	Easy Slide Slide Sheet	140 x 100 cm	S140100F	009629
6	Easy Slide Slide Sheet	140 x 200 cm	S140200F	009636
7	Easy Slide Slide Sheet with handles	90 x 200 cm	S90200HO	009704
7	Easy Slide Slide Sheet with handles	140 x 200 cm	S140200HO	009711
7	All Ways Slide	210 x 140 cm	AW210140	009766
8	Easy Slide Tube	40 x 40 cm	S4040T	009599
8	Easy Slide Tube	80 x 80 cm	S8080T	009605
8	Easy Slide Tube	80 x 120 cm	S80120T	009612
9	All Ways Bed and Evacuation Slide	210 x 140 cm	AW210140BES	009803
10	Lateral Assist 2 - Fold	172 x 40 cm	LA2F40	009520
10	Lateral Assist 4 - Fold	185 x 45 cm	LA4F45	009537
10	Additional Slide Tube Cover for 2 - Fold	172 x 40 cm	LA2F40TB	009681
10	Additional Slide Tube Cover for 4 - Fold	185 x 45 cm	LA4F45TB	009698

Note: All One Way Slides, Easy Slides, Positioning Slide, Lateral Assist and All Ways Slide can be washed up to 80°C. The Lateral Assist board can be wiped over with alcohol wipes.

Do not use fabric softener or chlorine.



Contact Polaris Medical now to place an order, request more information or arrange for a demonstration:

Tel: 877-377-9988

Fax: 905-333-0407

Email: info@polarismedical.com

Address: 498 Rosedale Cr, Burlington, L7N 2S8

Website: www.polarismedicalinc.com

