

Quality of life – despite Parkinson's:

Spending the day in a relaxed and structured way

The diagnosis often is unexpected, and has an immediate effect on a person's daily life. Besides the muscle tension typical of the illness, extreme fatigue decreases a person's quality of life. Many activities of everyday life become difficult.

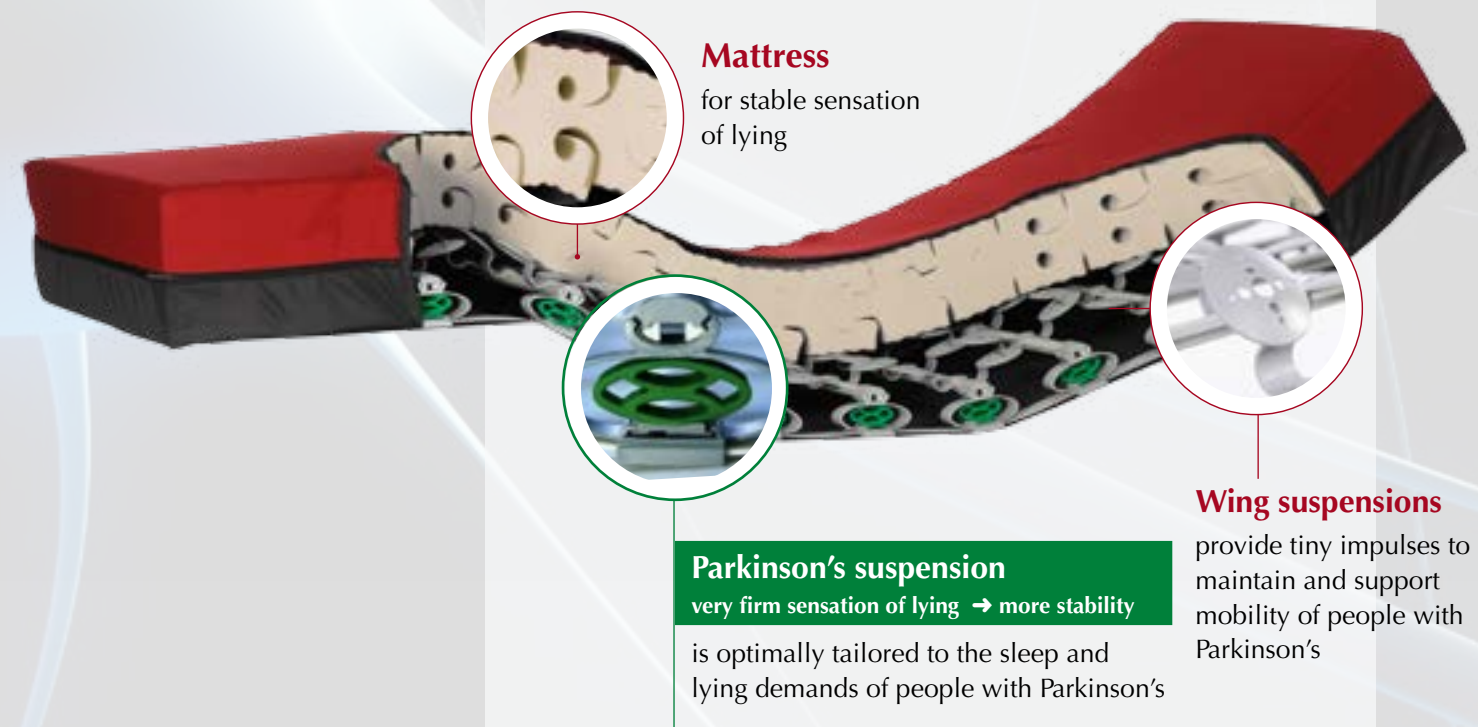


„Because of my poor sleep at night I was tired the whole day. I could hardly make it through the day. It was awesome for me to discover how relaxing a long, healthy sleep is!

And this without needing any additional medication and the associated harmful side effects.”

Improved sleep with the Parkinson's Mattress

- ✓ MiS Micro-Stimulation® relaxes muscles
- ✓ Tiny movements maintain mobility
- ✓ Decrease night sweats
- ✓ Easier to sit up and change positions



Documented experience reports:
www.thomashilfen.us